






ACCESSION LIST AUGUST 2020						
Call Number	Author	Title	Logic	Edition	Item Class	QR Code
BC 26.A6 .Mor 2019	Morrow, David R	A workbook for arguments: a complete course in critical thinking / David R. Morrow, Anthony Weston.			IMU Main - Open Shelf	
Motivation (Psychology)						
BF 575.A6 Tr 2012B	Dennis Tirch : foreword by Paul Gilbert	The compassionate mind approach to overcoming anxiety : using compassion-focused therapy			IMU Seremban CC - Open Shelf	
BF 575.E55 Bra 2020	Brach, Tara	Radical compassion : learning to love yourself and your world with the practice of R.A.I.N. / Tara Brach			IMU Batu Pahat - Open Shelf IMU KP - Reference IMU Seremban CC - Open Shelf	
BF 575.L8 Hoo 2018	Hooks, Bell	All about love : new visions / Bell Hooks.			IMU Batu Pahat - Open Shelf	
BF 575.S37 Tay 2018	Taylor, Sonya Renee	The body is not an apology : the power of radical self-love / Sonya Renee Taylor.			IMU Batu Pahat - Open Shelf	
BF 637 .Jam 2015		I am here now : a creative mindfulness guide and journal/ The Mindfulness Project			IMU Batu Pahat - Open Shelf	
BF 698 .35.547 Aro 2016	Aron, Elaine N	The highly sensitive person : how to thrive when the world overwhelms you / Elaine N. Aron, Ph.D.			IMU Batu Pahat - Open Shelf	
Dogmatic Judaism						
BM 645.P7 Kus 2002B	Harold S. Kushner	When bad things happen to good people			IMU Seremban CC - Open Shelf	
Ethics						
BJ 1475 .Iro 2017B	Chris Irons and Elaine Beaumont	The compassionate mind workbook : a step-by-step guide to developing your compassionate self			IMU Seremban CC - Open Shelf	
Career education						
HF 5381 .New 2016	Newport, Cal	So good they can't ignore you : why skills trump passion in the quest for work you love / Cal Newport.			IMU Main - Open Shelf	
The family. Marriage. Home						
HQ 503 .Moo 2017	Moon, Chris G	The untethered relationship : experience your unimaginable capacity for love / Chris G. Moon.			IMU Main - Open Shelf	
Career education						
LC 1037.5 .See 2019	Seelig, Tina	What I wish I knew when I was 20 : a crash course on making your place in the world/ Tina Seelig			IMU Batu Pahat - Open Shelf IMU Kluang - Open Shelf	
American literature						

PS 3603.H49 .Che 2017	Chew-Bose, Durga	Too much and not the mood / Durga Chew-Bose		IMU Batu Pahat - Open Shelf IMU Seremban CC - Open Shelf	
Physiology					
QT 263 .Spo 2018		Sports nutrition: from lab to kitchen / editor, Asker Jeukendrup.		IMU Main - Open Shelf	
Cooking					
TX 721.5 Hah 2016	Hahnemann, Trina	Scandinavian comfort food : embracing the art of hygge / Trina Hahnemann ; photography by Columbus Leth.		IMU Batu Pahat - Open Shelf	
Urogenital System					
WJ 762 .Elj 2020	Ellsworth, Pamela	100 questions & answers about prostate cancer	5th	IMU Kluang - Open Shelf	
Nervous System					
WL 102 .Bar 2018	Barker, Roger A	Neuroanatomy and neuroscience at a glance	5th	IMU Kluang - Open Shelf	
Psychiatry					
WM 190.5.B5 Lin 2015	Linehan, Marsha	DBT skills training manual / Marsha M. Linehan.		IMU Main - Open Shelf IMU KP - Reference	