

ACCESSION LIST JULY 2020

Call Number	Author	Title	Edition	Item Class	QR Code
<b>Motivation (Psychology)</b>					
BF 632 .Pet 2013	Peters, Steve	The chimp paradox : the mind management program to help you achieve success, confidence, and happiness		IMU Kluang – Open Shelf IMU Main - Open Shelf IMU Batu Pahat - Open Shelf	
BF 637 .Jam 2015	The Mindfulness Project	I am here now : a creative mindfulness guide and journal		IMU KP - Reference IMU SB - Open Shelf	
BF 697 .Cap 2015	Lucia Capacchione	The creative journal : the art of finding yourself	35th anniversary edition	IMU SB - Open Shelf	
BF 698.35.S47 Aro 2016	Elaine N. Aron	The highly sensitive person : how to thrive when the world overwhelms you		IMU SB - Open Shelf	
BF 575.E55 Gil 2013	Paul Gilbert.	The compassionate mind : a new approach to life's challenges		IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	
BF 637.S8 For 2019	Marie Forleo.	Everything is figureoutable		IMU KP - Reference IMU SB - Open Shelf	
BF 697 .Mir 2018	Lin-Manuel Miranda; illustrated by Jonny Sun	Gmorning, gnight! : little pep talks for you and me		IMU KP - Reference IMU Main - Open Shelf	
HF 5381 .Bur 2016	Bill Burnett and Dave Evans.	Designing your life : how to build a well-lived, joyful life		IMU Main - Open Shelf IMU KP - Reference IMU SB - Open Shelf	
BF 175.S.P75 Lev 2008	Levi, Peter A.	Healing trauma : a pioneering program for restoring the wisdom of your body		IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	
HF 5381 .New 2016	Cal Newport.	So good they can't ignore you : why skills trump passion in the quest for work you love		IMU KP - Reference IMU SB - Open Shelf	
HQ 503 .Moo 2017	Chris G. Moon.	The untethered relationship : experience your unimaginable capacity for love		IMU KP - Reference	
BF 575.E55 Gil 2013	Gilbert, Paul	The compassionate mind : a new approach to life's challenges		IMU Kluang – Open Shelf IMU SB - Open Shelf	
BF 575.L8 Hoo 2018	Hooks, Bell	All about love : new visions		IMU Kluang – Open Shelf IMU SB - Open Shelf	
BF 575.S37 Tay 2018	Taylor, Sonya Renee	The body is not an apology : the power of radical self-love		IMU Main - Open Shelf IMU Kluang – Open Shelf IMU SB - Open Shelf	
BF 698.35.S47 Aro 2016	Aron, Elaine N.	The highly sensitive person : how to thrive when the world overwhelms you		IMU Kluang – Open Shelf	
BJ 1589 .Kud 2018	Kudo, Amanda	My little ikigai journal : a journey into the Japanese secret to living a long, happy, purpose-filled life		IMU Main - Open Shelf IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	

BM 657.C43 Ric 2018	Ricanati, Beth	Braided : a journey of a thousand Challahs		IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	
<b>Language Literature</b>					
PS 3603.H49 .Che 2017	Chew-Bose, Durga	Too much and not the mood		IMU Kluang – Open Shelf	
<b>Home economics</b>					
TX 721.5 Hah 2016	Hahnemann, Trina	Scandinavian comfort food : embracing the art of hygge		IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Main - Open Shelf	
<b>Psychiatry</b>					
WM 172.5 .Lev 1997	Levine, Peter A	Waking the tiger : healing trauma through the body		IMU Main - Open Shelf IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	
WM 426 .Eth 2014	Ethridge, Mack W	Escaping Another's OCPD Tyranny!: The Ultimate Survival Guide for the OCPD Besiege		IMU Kluang – Open Shelf IMU SB - Open Shelf IMU Batu Pahat - Open Shelf	
<b>Gynecology</b>					
WP 100 .Dut 2020	Dutta, DC	DC Dutta's textbook of gynecology: including contraception		IMU Kluang – Open Shelf IMU Kluang – Textbook	
<b>Practice of Medicine</b>					
WB 18.2 Abd 2019	ABM Abdullah ; foreword Pran Gopal Datta	Long cases in clinical medicine (concerned with long cases, their presentation, related questions, answers and discussions)	2nd edition	IMU SB - Open Shelf	
WB 18.2 loa 2020	Adam Ioannou	320 single best answer questions for final year medical students	2nd edition	IMU SB - Open Shelf	
WB 105 .Sar 2019	Edited by Hua-Huat Soo, Lee-Gong Lau, Peng-Hong Chew, Martina Hu.	Sarawak handbook of medical emergencies	4th	IMU KP - Reference	
<b>Obstetrics</b>					
WQ 18 .Gan 2018	Latha Ganti, Maththew S. Kaufman, Shireen Madani Sims	First aid for the obstetrics and gynecology clerkship	4th	IMU KP - Reference	
WQ 100 .Sax 2019	Richa Saxena.	Textbook for MRCOG-1 : basic sciences in obstetrics and gynaecology	2nd	IMU KP - Reference	
<b>Dermatology</b>					
WR 18.2 Kab 2019	Kabir Sardana, Pallavi Ailawadi	Textbook of Dermatology and sexually transmitted diseases with HIV infections		IMU SB - Open Shelf	
<b>Ophthalmology</b>					
WW 18.2 Uts 2020	Utsav Bansal	SOCH: simplified ophthalmology conceptual handbook	3rd edition	IMU SB - Open Shelf	